

FIRST AND SECOND

THESSALONIANS

¹“Take heed that you do not do your charitable deeds before men, to be seen by them. Otherwise you have no reward from your Father in heaven.

Matthew 6:1

παρακαλέω

parakaleō : To call to one's side. To admonish,
console, or strengthen.

περιπατέω

peripateo; To regulate one's life, to conduct oneself.

... to practice self-regulation, the ability to manage your emotions, thoughts, and behaviors to achieve long-term goals and adapt to challenges. It involves monitoring your inner state, choosing thoughtful responses instead of reactive ones,

and making conscious decisions that align with your values. This skill fosters resilience, improves personal well-being, and helps you navigate life's complexities with greater control and effectiveness.

to practice ~~self-regulation~~, the ability to ~~manage~~
surrender your emotions, thoughts, and behaviors to
God, to ~~achieve long-term goals~~ become holy and godly
and ~~adapt to challenges~~ count in all joy in various
trials. It involves ~~monitoring your inner state~~ daily self-
denial, ~~choosing thoughtful responses instead of~~
~~reactive ones~~ letting your words be few,

and making ~~conscious~~ prayerful decisions that align with ~~your values~~ God's will. This skill fosters ~~resilience~~ steadfastness, ~~improves personal well-being~~ leads to righteousness and helps you ~~navigate life's complexities~~ with greater control and effectiveness stay on the narrow road which leads to life.

¹⁶⁰The entirety of Your word is truth,
And every one of Your righteous judgments endures
forever.

Psalms 119:160

³¹Heaven and earth will pass away, but My words will
by no means pass away.

Mark 13:31

Manuscripts
Archaeology
Prophecy
Statistics/Son of God

Author	Book	Date Written	Earliest Copies	Time Gap	No. of Copies
Homer	<i>Iliad</i>	800 B.C.	c. 400 B.C.	c. 400 yrs.	643
Herodotus	<i>History</i>	480-425 B.C.	c. A.D. 900	c. 1,350 yrs.	8
Thucydides	<i>History</i>	460-400 B.C.	c. A.D. 900	c. 1,300 yrs.	8
Plato		400 B.C.	c. A.D. 900	c. 1,300 yrs.	7
Demosthenes		300 B. C.	c. A.D. 1100	c. 1,400 yrs.	200
Caesar	<i>Gallic Wars</i>	100-44 B.C.	c. A.D. 900	c. 1,400 yrs.	10
Livy	<i>History of Rome</i>	59 B.C. - A.D. 17	4 th Cent (partial) mostly 10 th cent	c. 400 yrs. c. 1,000 yrs.	20
Tacitus	<i>Annals</i>	A.D. 100	c. A.D. 1100	c. 1,000 yrs.	20
Plinysecundus	<i>Natural History</i>	A.D. 61-113	c. A.D. 850	c. 750 yrs.	7
New Testament		A.D. 50-100	c. 114 (fragment) c. 200 (books) c. 250 (most of N.T.) c. 325 (complete N.T.)	+50 yrs. 100 yrs. 150 yrs. 225 yrs.	5366 (Greek)

(Taken from Josh McDowell's *New Evidence That Demands A Verdict*, Nashville: Thomas Nelson Publishers, 1999, p. 38)

⁶Jesus said to him, “I am the way, the truth, and the life.
No one comes to the Father except through Me.

John 14:6

⁸⁹Forever, O LORD,
Your word is settled in heaven.

Psalms 119:89

¹²Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.

James 1:12

²³And whatever you do, do it heartily, as to the Lord and not to men,

Colossians 3:23-24

²⁴knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.

Colossians 3:23-24