<sup>16</sup>So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, <sup>17</sup>which are a shadow of things to come, but the substance is of Christ.

<sup>1</sup>Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, <sup>2</sup> all were baptized into Moses in the cloud and in the sea, <sup>3</sup>all ate the same spiritual food, <sup>4</sup>and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ.

Moses	type	Christ
Pharaoh	type	Satan
Egypt	type	World
Israel	type	Sinner in Bondage
Israel delivered		Sinner delivered
by the lamb at	type	by the lamb at the cross
Passover		Christ crucified

# Type of Rock of Horeb:

Rock is Christ Strike is judgment Water is eternal life, the Holy Spirit given. <sup>9</sup>But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.

<sup>13</sup>In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, 14 who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.

<sup>12</sup>Now Timna was the concubine of Eliphaz, Esau's son, and she bore Amalek to Eliphaz.

<sup>15</sup>These were the chiefs of the sons of Esau. The sons of Eliphaz, the firstborn son of Esau, were Chief Teman, Chief Omar, Chief Zepho, Chief Kenaz, <sup>16</sup>Chief Korah, Chief Gatam, and Chief Amalek. These were the chiefs of Eliphaz in the land of Edom. They were the sons of Adah.

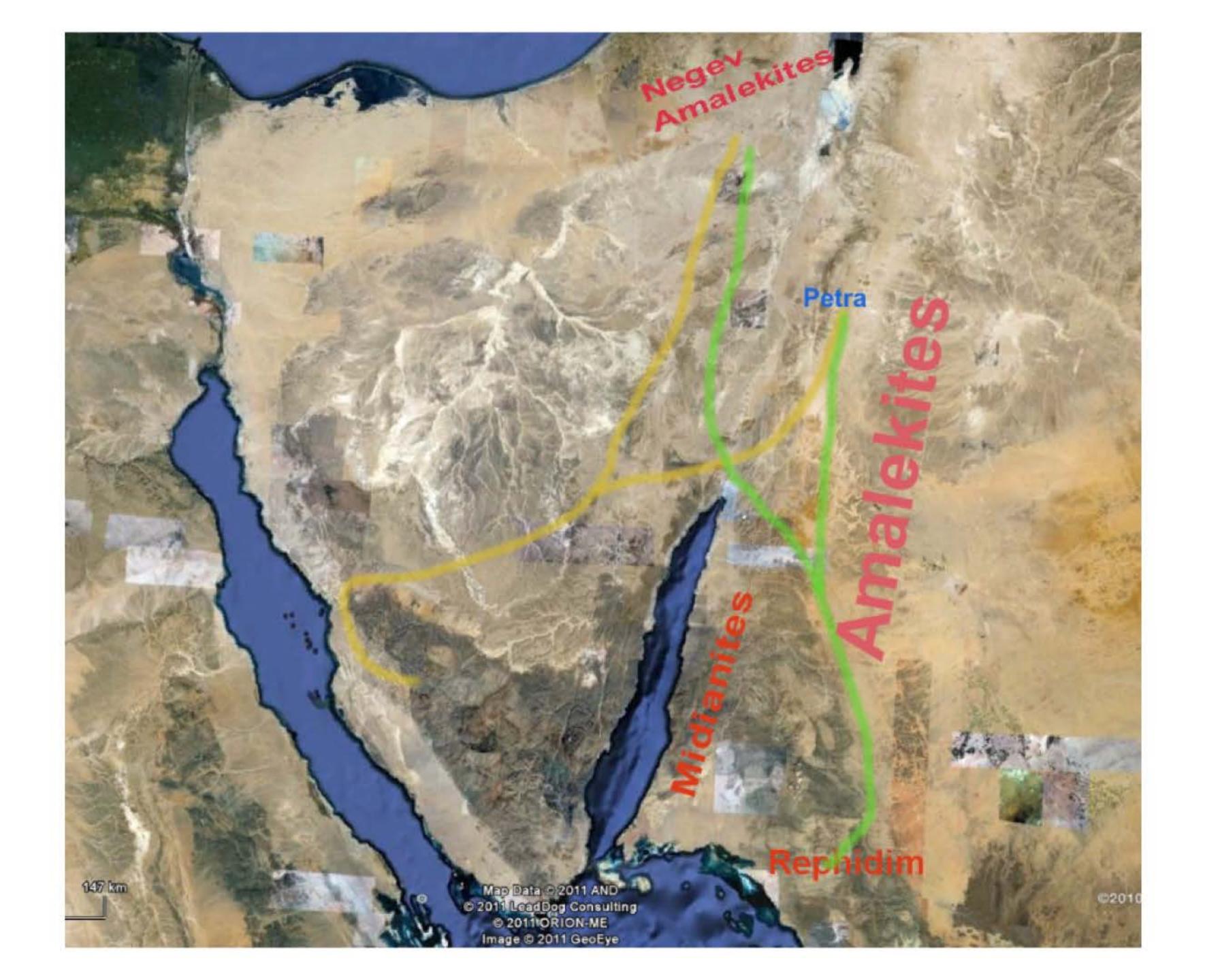
Chief – Hebrew wordd – אַלּוּף – al loof – means Duke. All the sons and grandsons of Esau that became Chiefs.

Then Isaac his father answered and said to him: "Behold, your dwelling shall be of the fatness of the earth, And of the dew of heaven from above.

<sup>40</sup>**By your sword you shall live**, And you shall serve your brother; And it shall come to pass, when you become restless, That you shall break his yoke from your neck."

**GENESIS 27:39-40** 

Amalek – Hebrew word – אֲמָלֵק – ama lake – means dweller in a valley.



<sup>17</sup>"Remember what Amalek did to you on the way as you were coming out of Egypt, <sup>18</sup>how he met you on the way and attacked your rear ranks, all the stragglers at your rear, when you were tired and weary; and he did not fear God.

Joshua – Hebrew word – יְהוֹשׁוּעַ – yehho-shoo'-ah means YHWH is salvation.

<sup>13</sup>And Moses said to the people, "Do not be afraid. Stand still, and see the salvation of the LORD, which He will accomplish for you today. For the Egyptians whom you see today, you shall see again no more forever. <sup>14</sup>The LORD will fight for you, and you shall hold your peace."

Scoffing – Hebrew word – צָחַק - tsaw-khak – means to laugh to mock, to make sport of. It is a play on words of Isaac's name.

| saac – Hebrew word – יְצְחָק - yits-khawk - means laughter

<sup>3</sup>You therefore must endure hardship as a good soldier of Jesus Christ.

#### II TIMOTHY 2:

<sup>6</sup>For I am already being poured out as a drink offering, and the time of my departure is at hand. <sup>7</sup>I have fought the good fight, I have finished the race, I have kept the faith.

II TIMOTHY 4:6-7

<sup>17</sup>"Remember what Amalek did to you on the way as you were coming out of Egypt, <sup>18</sup>how he met you on the way and attacked your rear ranks, all the stragglers at your rear, when you were tired and weary; and he did not fear God.

<sup>8</sup>Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

Sober Greek word - νήφω -nay'-fo; to abstain from wine (keep sober), (figuratively) to be calm and collected in spirit, be watchful, be temperate.

Vigilant – Greek word - γρηγορέω - graygor-yoo'-o From G1453; to keep awake, be vigilant, to watch, to give strict attention to. <sup>54</sup>But Peter followed Him at a distance, right into the courtyard of the high priest. And he sat with the servants and warmed himself at the fire.

<sup>3</sup>Now when the tempter came to Him, he said, "If You are the Son of God, command that these stones become bread."

<sup>4</sup>But He answered and said, "It is written."

<sup>4</sup>But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

<sup>31</sup>In the meantime His disciples urged Him, saying, "Rabbi, eat." 32 But He said to them, "I have food to eat of which you do not know." <sup>33</sup>Therefore the disciples said to one another, "Has anyone brought Him anything to eat?" <sup>34</sup>Jesus said to them, "My food is to do the will of Him who sent Me, and to finish His work.

<sup>33</sup>Do not be deceived: "Evil company corrupts good habits."

<sup>17</sup>As iron sharpens iron, So a man sharpens the countenance of his friend.

<sup>1</sup>To You I will cry, O LORD my Rock: Do not be silent to me, Lest, if You are silent to me, I become like those who go down to the pit. <sup>2</sup>Hear the voice of my supplications When I cry to You, When I lift up my hands toward Your holy sanctuary.

<sup>4</sup>Thus I will bless You while I live; I will lift up my hands in Your name.

## **PSALMS 63:4**

<sup>8</sup>I desire therefore that the men pray everywhere, lifting up holy hands, without wrath and doubting;

I TIMOTHY 2:8

<sup>17</sup>pray without ceasing,

# The LORD is my banner - Hebrew word.

– יהוָה נְסִי - Yaweh – Nissi – (nis –see)

means The LORD is my banner.

<sup>1</sup>I will lift up my eyes to the hills— From whence comes my help? <sup>2</sup>My help comes from the LORD, Who made heaven and earth.

<sup>10</sup>"And in that day there shall be a Root of Jesse, Who shall stand as a banner to the people; For the Gentiles shall seek Him, And His resting place shall be glorious."

<sup>14</sup>And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, <sup>15</sup>that whoever believes in Him should not perish but have eternal life.

### JOHN 3:14-15

<sup>32</sup>And I, if I am lifted up from the earth, will draw all peoples to Myself." <sup>33</sup>This He said, signifying by what death He would die.

JOHN 12:32-33

Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.